SHAMBHALA - FREE GIFTS OF LIGHT

I AM BECOMING

A golden poster of gentle growth and radiant becoming for your wall, your desk or your home

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MORNING

I AM Becoming at dawn: I greet the person I am growing into with joy.

WORK

I AM Becoming in my work: every small true step shapes my golden future.

HOME

I AM Becoming at home: I grow in patience, kindness and love each day.

REST

I AM Becoming at rest: I thank the Light for who I am and who I am becoming.

I AM BECOMING - GROWING IN GRACE, RADIANT IN THE LIGHT