SHAMBHALA - FREE GIFTS OF LIGHT

I AM FLOURISHING

A golden poster of growth and joyful awakening for your wall, your desk or your home

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MORNING

I AM Flourishing at dawn: I rise with hope, song and gratitude.

WORK

I AM Flourishing in my work: I grow with honest effort, order and joy.

HOME

I AM Flourishing at home: I fill my home with beauty, warmth and prayer.

EVENING

I AM Flourishing at evening: I rest grateful for every small growth.

I AM FLOURISHING - GROWING IN LOVE AND LIGHT