SHAMBHALA - FREE GIFTS OF LIGHT

I AM FREEDOM

A golden poster of the free heart for your wall, your desk or your door

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MORNING

I AM Freedom at dawn: I rise in the Light of a new day.

PATH

I AM Freedom on my path: I walk lightly, guided by the Light.

WORDS

I AM Freedom in my words: I speak truth with a loving heart.

EVENING

I AM Freedom at rest: I release the day and rest in the Light.

I AM FREEDOM - LIGHT, OPEN, IN THE LIGHT