SHAMBHALA - FREE GIFTS OF LIGHT

I AM GRACE

A golden poster of the graceful heart for your wall, your desk or your door

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MORNING

I AM grace at dawn: this day begins in gentle Light.

PATH

I AM grace on my path: I move with ease and kindness.

WORDS

I AM grace in my words: what I say blesses and lifts.

EVENING

I AM grace at rest: I close this day in peace and thanks.

I AM GRACE - EASE AND LIGHT IN EVERY STEP