SHAMBHALA - FREE GIFTS OF LIGHT

I AM PATIENCE

A golden poster of the patient heart for your wall, your desk or your door

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MORNING

I AM patience at dawn: I trust the timing of the Light.

PATH

I AM patience on my path: every season brings its gift in time.

WORDS

I AM patience in my words: I listen fully before I speak.

EVENING

I AM patience at rest: what is mine in Light is on its way.

I AM PATIENCE - THE LIGHT KEEPS PERFECT TIME