SHAMBHALA - FREE GIFTS OF LIGHT

I AM PRESENCE

A golden poster of the awakened heart for your wall, your desk or your door

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MORNING

I AM Presence at dawn: I awaken and the Light is with me.

PATH

I AM Presence on my path: I am here, fully, in this golden moment.

WORDS

I AM Presence in my words: I speak from the heart of the Light.

EVENING

I AM Presence at rest: I abide in peace, held by the Light.

I AM PRESENCE - HERE, NOW, IN THE LIGHT