SHAMBHALA - FREE GIFTS OF LIGHT

I AM SURRENDER

A golden poster of gentle trust and peaceful letting go for your wall, your desk or your home

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DAWN

I AM Surrender at dawn: I open my hands and trust this day to the Light.

HEART

I AM Surrender in my heart: I let go of worry and rest in love.

WORDS

I AM Surrender in my words: I speak gently and release every outcome.

EVENING

I AM Surrender at rest: I thank this day and sleep in the Light.

I AM SURRENDER - OPEN HANDS, QUIET HEART, SHINING IN THE LIGHT