SHAMBHALA - FREE GIFTS OF LIGHT

I AM TRUTH

A golden poster of the clear heart for your wall, your desk or your door

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MORNING

I AM Truth at dawn: I begin the day in clear Light.

PATH

I AM Truth on my path: I walk honestly, guided by the Light.

WORDS

I AM Truth in my words: I speak clearly with a loving heart.

EVENING

I AM Truth at rest: I review the day in peace and Light.

I AM TRUTH - CLEAR, HONEST, IN THE LIGHT