SHAMBHALA - FREE GIFTS OF LIGHT

I AM WISDOM

A golden poster of the wise heart for your wall, your desk or your door

---

MORNING

I AM wisdom at dawn: clear Light guides my first steps.

CHOICES

I AM wisdom in my choices: I pause, I listen, I choose in peace.

WORDS

I AM wisdom in my words: I speak what is true and kind.

EVENING

I AM wisdom at rest: today taught me, and I give thanks.

I AM WISDOM - CLEAR LIGHT IN EVERY CHOICE