SHAMBHALA

Free Gifts of Light

JASMINE GARDEN OF SWEET CALM

Eight printable decree cards of the Jasmine Garden: gentle words, quiet paths and sweet calm

Jasmine Garden Cards - gentle words, quiet paths

and sweet calm. Cards for meditation, rest and prayer:

hold one and speak its words aloud.

THE JASMINE GATE

Jasmine Garden Cards

I AM the jasmine gate:

I open my day with a calm heart and a gentle smile.

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SWEET FRAGRANCE

Jasmine Garden Cards

I AM sweet fragrance:

I let kindness be the scent my presence leaves behind.

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THE WHITE BLOSSOM

Jasmine Garden Cards

I AM the white blossom:

I bloom quietly, pure and full of Light.

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THE EVENING GARDEN

Jasmine Garden Cards

I AM the evening garden:

I rest in peace as the stars come out to shine.

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GENTLE WORDS

Jasmine Garden Cards

I AM gentle words:

I speak softly, truthfully and with love.

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THE QUIET PATH

Jasmine Garden Cards

I AM the quiet path:

I walk slowly, grateful for every small light.

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THE OPEN WINDOW

Jasmine Garden Cards

I AM the open window:

I welcome fresh air, new hope and new beginnings.

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THE MORNING DEW

Jasmine Garden Cards

I AM the morning dew:

I begin again, clear, fresh and shining.

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