SHAMBHALA

Free Gifts of Light

SUNFLOWER MEADOW OF GOLDEN JOY

ht printable decree cards of the Sunflower Meadow: the golden petal, the tall stem and the joyful heart

Sunflower Meadow Cards - the golden petal, the tall stem
and the joyful heart. Cards for meditation, rest and prayer:
hold one and speak its words aloud.

Print, cut along the dotted lines, and keep your cards where the Light finds you.

THE SUNFLOWER FIELD

Sunflower Meadow Cards

I AM the sunflower field:

I turn my face to the Light and grow tall in joy.

Shambhala - Free Gifts of Light

THE GOLDEN PETAL

Sunflower Meadow Cards

I AM the golden petal:

I open wide to the morning and shine without fear.

Shambhala - Free Gifts of Light

THE TALL STEM

Sunflower Meadow Cards

I AM the tall stem:

I stand rooted in Love and reach for the Sun of Light.

Shambhala - Free Gifts of Light

THE BRIGHT SEED

Sunflower Meadow Cards

I AM the bright seed:

I carry tomorrow's garden inside my heart today.

Shambhala - Free Gifts of Light

THE SUMMER MEADOW

Sunflower Meadow Cards

I AM the summer meadow:

my days are warm, generous and full of Light.

Shambhala - Free Gifts of Light

THE OPEN FACE

Sunflower Meadow Cards

I AM the open face:

I greet every sunrise with gratitude and wonder.

Shambhala - Free Gifts of Light

THE GOLDEN HARVEST

Sunflower Meadow Cards

I AM the golden harvest:

I share my seeds of kindness wherever I go.

Shambhala - Free Gifts of Light

THE JOYFUL HEART

Sunflower Meadow Cards

I AM the joyful heart:

joy rises in me like the sun over the meadow.

Shambhala - Free Gifts of Light